



## Spring 2019 Spiritual Formation Group Catalog

Group 1:

BOOK STUDY - Fun & Formative Friendship with Jesus

**Meeting Day:** Tuesday

**Time:** 12:40 - 1:30 PM

**Special Criteria:** Co-Ed

**Leader:** Carlo Walth

**Description:** This SFG is for students who wish to develop a meaningful and transforming friendship with Christ by experiencing creative spiritual practices. *Students will need to purchase the corresponding resource, The Surrendering Guide.*

Group 2:

Wonderfully Made

**Meeting Day:** Monday

**Time:** 9:30 - 10:20 AM

**Special Criteria:** Women Only

**Leader:** Melinda Kohnke

**Description:** We will discuss the differences between men and women and our role as a woman created by The King.

Group 3:

Everything Rises and Falls on Leadership

**Meeting Day:** Wednesday

**Time:** 10:35 - 11:30 AM

**Special Criteria:** Co-Ed

**Leader:** Debbie Harrell

**Description:** In this group, you will grow and have fun with others, learn what type of leader you are, take a leadership assessment, improve communication, and learn leadership concepts. We will also look at leaders in the Bible and study their qualities.

Group 4:

Preaching Group

**Meeting Day:** Wednesday

**Time:** 3:00 - 4:00 PM

**Special Criteria:** Co-Ed

**Leader:** Jim Jessup

**Description:** A club for students who want to explore "the preaching of God's Word." We will discuss the art of preaching, the spiritual development of the preacher, and share ideas about preaching in this present culture. Students will have the option to practice sermons with/for the group, and some students will be given the opportunity (optional) to go preach sermons at small churches in the Greater Sac region on Sunday mornings.

Preachers need an audience and some friends to encourage and share input, so please join us! Regardless of your major, all WJU students are invited to attend and participate as their schedule allows. Not all are expected to preach. Regular attendance and group discussion will also count as SFG credit for those who need it.

Group 5:

Community on the Island of Misfit Toys

**Meeting Day:** Monday

**Time:** 9:30 AM - 10:20 AM

**Special Criteria:** Freshman Academy Students Only

**Leader:** Vicki Quirarte

**Description:** Do you ever feel like you don't belong at Jessup? While there are a number of reasons why you may feel "misfitted," there is one central truth that binds us: we are here at Jessup because God willed it. Come enjoy community and explore biblical truths in often unconventional ways—to meet the unique needs of those who feel they have landed on the island of misfit toys.

Group 6:

The Influential Person

**Meeting Day:** Monday

**Time:** 9:30 - 10:20 AM

**Special Criteria:** Co-Ed

**Leader:** Roenz Balangue

**Description:** This is an SFG that focuses on the elements that make us influential. Students will reflect and seek ways that influence them and that make them an influential person in a group.

Group 7:

The Influential Person

**Meeting Day:** Tuesday

**Time:** 4:00 - 5:00 PM

**Special Criteria:** Co-Ed

**Leader:** Roenz Balangue

**Description:** This is an SFG that focuses on the elements that make us influential. Students will reflect and seek ways that influence them and that make them an influential person in a group.

Group 8:

How to Love God Effectively

**Meeting Day:** Monday

**Time:** 9:30 - 10:20 AM

**Special Criteria:** Co-Ed

**Leader:** Jim Stilwell

**Description:** God desires for you to live with confidence in your walk with Him. This group is designed to look at bible verses that show us how God designed us to love Him, how He will help us love Him and how that produces the highest satisfaction in every area of our lives.

Group 9:

Made for More than a MRS

**Meeting Day:** Monday

**Time:** 9:30 - 10:20 AM

**Special Criteria:** Single Women Only

**Leader:** Michaela Dragos

**Description:** This group will cover biblical values, boundaries, purity, marriage, and purpose in the waiting. Our identity is not in singleness, but in Christ.

Group 10:

Held Up, Not Called Out

**Meeting Day:** Monday

**Time:** 9:30 - 10:20 AM

**Special Criteria:** Tiffin Residents Only

**Leader:** Spencer Slater

**Description:** "This is a men's accountability group. We will hold one another accountable to the people God has designed us to be. There will be an expectation of vulnerability and trust. We will compare our actual walks with Christ with the ones the Bible calls us to. We will be exploring scripture regarding lust, pride, selfishness, greed, and dishonesty. The goal is to develop a more honest view of ourselves, and to see our lives through the lens of Christ.

**Accountability is NOT primarily others calling you out on your sin, but others calling you up to the person you are in Christ -Luke Gilkerson**

Group 11:

Transformative Tools

**Meeting Day:** Monday

**Time:** 9:30 - 10:20 AM

**Special Criteria:** Co-Ed

**Leader:** Eva Huebner and Cason Wohlwend

**Description:** A look into individual personality as laid out by "The Road Back to You" by Ian Morgan Cron. Participants will be responsible for coming prepared weekly with material that reflects their engagement with the Enneagram of Personality.

Group 12:

Different on Purpose

**Meeting Day:** Monday

**Time:** 9:30 - 10:20 AM

**Special Criteria:** Co-Ed

**Leader:** Tammie and John Lovvorn

**Description:** It is easy to get frustrated at the differences between men and women especially when they cause misunderstandings in our relationships with friends, brothers/sisters, or significant others. Our discussions are going to explore these differences and celebrate the divine wisdom that designed us to be different on purpose.

Group 13:

Live Strong

**Meeting Day:** Monday

**Time:** 9:30 - 10:20 AM

**Special Criteria:** Co-Ed

**Leader:** Dave Heitman

**Description:** Live Strong: A Strengths Based Look at Life through the Wisdom of Solomon in Proverbs and the Parables of Jesus in the Gospels.

Group 14:

God's Light

**Meeting Day:** Tuesday

**Time:** 4:00 - 5:30 PM

**Special Criteria:** Co-Ed

**Leader:** Stephanie Everhart

**Description:** Light is the first thing that God created; and the Scriptures often give reference God is Light. We will examine many of the physical characteristics of light as science understands it and discuss how this reveals the character and design of God.

Group 15:

Ancient-Future Faith

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Co-Ed

**Leader:** Nancy Alexander-Storm

**Description:** Explore ancient church practices alongside new, alternative worship practices. Bible study will be guided by the Church calendar, and liturgical elements will be incorporated into the meetings.

Group 16:

Getting to Know the God Who is

**Meeting Day:** Wednesday

**Time:** 2:50 PM

**Special Criteria:** Co-Ed

**Leader:** Mandy Schmidt

**Description:** The heart behind this series is to provide an avenue to continue growing in knowledge of who God is and intimacy with Him. Each lesson focuses on a specific facet of God by studying one passage of Scripture.

Group 17:

Peripatetic Devotions

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Co-Ed

**Leader:** PC Walker

**Description:** Come join our group on a weekly walkabout guided by your instructor. You might just come closer to the heart of Jesus on these relaxing strolls.

Group 18:

Dealing Biblically with Everyday Life Issues

**Meeting Day:** Thursday

**Time:** 9:30 AM

**Special Criteria:** Co-Ed

**Leader:** Rick and Dianna Graham

**Description:** We will explore God's word and principles as we talk about how they look in real life. Some topics will include expectations, doubt, conflict, resolution, complaining and looking into the character of God

Group 19:

Village Women SFG

**Meeting Day:** Monday

**Time:** 10:30 AM

**Special Criteria:** Village Women Only

**Leader:** Becky Yaholkovsky

**Description:** This SFG is open to all women who live in the Village. Co-lead with a few RAs, this is a time to go deeper with one another and get to know people across various wings. We will be sharing about our lives, praying for one another, and spending time in fellowship.

Group 20:

Women's Discipleship SFG

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Women Only

**Leader:** Charlotte Kinsella

**Description:** A time to come together and talk about being a woman after God's heart.

Group 21:

LIFE Together

**Meeting Day:** Thursday

**Time:** 10:00 AM

**Special Criteria:** Freshman Women Only

**Leader:** Reghan Thomas & Mia DeVecchio

**Description:** This group is all about community and doing life together. Come join us Thursday morning. We hope to have fun and build community!

Group 22:

The Jesus Questions

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Co-Ed

**Leader:** Ian Jeffries

**Description:** Some people think the main task of Christianity is to give people answers to life's questions. But that's not entirely the way of Jesus. In fact, Jesus often seems to do the exact opposite: asking difficult questions about life's purpose, end, and meaning. Explore 23 questions Jesus asked within this group and see how they speak to you.

Group 23:

Practicing Prayer: The Basics

**Meeting Day:** Monday

**Time:** 11:40 AM

**Special Criteria:** Women Only

**Leader:** Kyrie Newman

**Description:** In this SFG, we will begin by looking at some basic questions about prayer, such as what is prayer and why do we pray? Then we will spend the rest of the time discovering how to pray and practicing different forms of prayer (nothing crazy!). Whether you are new to prayer, uncomfortable with praying or you just want to grow deeper in your experience of prayer, this will be a great place to explore prayer and learn more about it.

Group 24:

Knowing Who You Are & How To Hear God's Voice Session 1

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Co-Ed

**Leader:** Lori Hill

**Description:** If you long to know God more, go deeper with Him, hear His voice, and see yourself and others the way the Lord does, then join us! We will use fun experiential learning methods to explore how God speaks to us.

Group 25:

Knowing Who You Are & How To Hear God's Voice Session 2

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Co-Ed

**Leader:** Larry Hill

**Description:** If you long to know God more, go deeper with Him, hear His voice, and see yourself and others the way the Lord does, then join us! We will use fun experiential learning methods to explore how God speaks to us.

Group 26:

Scripture Spotify

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Women Only

**Leader:** Carrie Newton

**Description:** Together, the group will create a music playlist for the semester. Each week we will review scriptures that pertain to the lyrics of those songs and evaluate how they align with our faith.

Group 27:

Warriors of Christ

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Women's Softball Team Only

**Leader:** Jena Ovens

**Description:** This will be an opportunity for the Jessup softball team to dive into what it means to be a Warrior of Christ. We will be diving in to the acronym WARRIORS, giving spiritual guidance and scriptural background for each letter.

Group 28:

The Long Walk of Faith

**Meeting Day:** Monday

**Time:** 10:35 AM AM

**Special Criteria:** Transfer students only

**Leader:** Zach Tedrow

**Description:** College can feel like it's all question and no answers. We are going to explore how God directs us and what it means to truly follow Him.

Group 29:

David: A Heart Like His

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Women Only

**Leader:** Jenice Sabra

**Description:** In this SFG we will look at the life of David in Scripture. "All you need in order to relate to David is a membership to the human race. No matter how familiar you are with the biblical account of his life, I believe you will be stirred, shocked, amazed and forced to think a few hard thoughts all over again. His life is proof once again that truth is far more intriguing than fiction" Beth Moore: David- A Heart Like His.

Group 30:

Living a Life Worthy of the Gospel: A Study through Philippians

**Meeting Day:** Wednesday

**Time:** 10:35 AM

**Special Criteria:** Co-Ed

**Leader:** Kayla Curtis

**Description:** Come dive into the book of Philippians as we find out how to live a life worthy of the gospel by finding true joy and peace even in the most difficult of circumstances.



Group 31:

Motivation and Inspiration

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Co-Ed

**Leader:** Donte Walker and Nick Soldevila

**Description:** This SFG is about how biblical and modern people can inspire you to begin pursuing your passions. In this group, we will help you turn your dream into a reality.

Group 32:

Facing Hardship

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Co-Ed

**Leader:** Brandon Comarsh and Alexis Kramer

**Description:** A group underlining the challenges we face during their time in college, whether that be personal emotions, family emergencies, challenging classes, and etc. With that, we'd dive deeper into bible, in a way to approach these issues, along with encouraging methods to aid those who struggle with these things.

Group 33:

WJU Baseball Group

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Men's Baseball Only

**Leader:** Dakota Spillers

**Description:** This group is for the Men's Baseball Team. We will be going over the book The Mentor Leader: Secrets to Building People and Teams that Win Consistently by Tony Dungy.

Group 34:

How to Be a Godly Man in a Confusing World

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Men Only

**Leader:** Brad Grondona

**Description:** This group will be studying 1 and 2 Timothy in an effort to understand God's direction on what it means to be a Godly man and how we can maintain those standards in an ungodly society.

Group 35:

Girls with Swords

**Meeting Day:** Monday

**Time:** 9:30 AM

**Special Criteria:** Women Only

**Leader:** Linda Grondona

**Description:** Discover that no matter what you have been through in the past, or how many failures you have experienced, the attacks on your life have much more to do with who you were created to be than who you have been in the past. Learn how to rise up using the sword of the Spirit, the Word of God, and become the hero in your own story so you can bring light, hope, love, and truth into the world.

Group 36:

Follow

**Meeting Day:** Tuesday

**Time:** 4:00 PM

**Special Criteria:** Men Only

**Leader:** Andy Lamb

**Description:** Follow is an invitation to pursue Jesus with every part of your life. Whether you are new to the Bible, familiar with it, or looking for language to use with the rest of the world, follow will challenge you to read, study, and live your life following Jesus together with other believers.